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SENTINEL

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VOLUME 46 ISSUE 7
JULY 2022

Upcoming NALC Dates

General Branch Meeting (1830 Hours Food & 1900 Hours Meeting)	July 6, 2022
Shop Stewards Meeting (1900 Hours)	July 12, 2022
Executive Board Meeting (1900 Hours)	July 19, 2022
Joint Labor Management Meeting	TBD
CCA Seminar (1900 Hours)	July 26, 2022
Branch Outing (Picnic)	July 31, 2022
WSALC National Convention (Chicago)	August 8 -12, 2022
Region 2 Regional Assembly RAP (SLC, UT)	October 31 - November 4, 2022

NALC Branch Meeting @
906 Columbia St SW
Olympia, WA 98501

NALC Members APP

Available now in the iPhone App Store and the Google Play Store for Android



Useful Phone Number

NALC Headquarter Switchboard
(202) 393-4695

NALC Retirement
(202) 393-4695 Ext 877

NBA Region 2
(360) 892-6545

Employee Service Line
(877) 477-3273

Employee Assistance Program (EAP)
(800)EAP-4-YOU
(800) 327-4968
(877) 492-7341 TTY

ATTENTION RETIREES!!

THE NALC BRANCH 351 IS TRYING TO CONTACT YOU!!
PLEASE FILL THIS OUT AND MAIL IT IN, SO THAT WE MAY KEEP YOU
INFORMED BETWEEN MEETINGS.

IT WAS BROUGHT TO MY ATTENTION THAT YOU HAVE NO CHANCE
TO SIGN UP FOR THE FUN OUTINGS- SINCE YOU NO LONGER “CHECK
THE UNION BOARDS AT THE OFFICES”
I AM TRYING TO GET AN EMAIL LIST TO “BULK EMAIL” ALL OF YOU.
Kinda like the old phone tree... but without multiple people calling.

NAME

EMAIL ADDRESS

Mail to:
NALC BRANCH 351, PO BOX 7715, OLYMPIA, WA 98507
THANK YOU!!

UNION SOFTBALL GAMES Yauger Park

June 29
Game 1 8:25
Game 2 9:30

July 6
Game 1 6:15
Game 2 7:25

Remaining Schedule TBD
Contact/Email any union officer for updated schedule in July

July Safety Tip of the Month

You should hydrate before, during and after work, even if you don't feel thirsty. Research shows you should drink at least 8 ounces of water every 20 minutes. Dressing appropriately for the weather is important, too. On warm days wear light-colored, loose-fitting and breathable clothing to keep your body temperature down. You should also avoid direct sunlight whenever possible apply sunscreen and use shaded areas to **stay cool**.

Know the signs of heat stress, including:

- Hot, dry skin or profuse sweating
- Headaches
- Confusion or dizziness
- Nausea
- Muscle cramps
- Weakness or fatigue
- Rashes

If you or a co-worker experience signs of heat stress or another heat-related illness, call 911 immediately and notify your supervisor.



A decorative border of tropical leaves in green, yellow, and blue surrounds a central dark green circle. The leaves include monstera and palm-like shapes.

NALC Branch 351 Annual Picnic @ Columbus Park

07/31/22

11am-5pm

BBQ

Games and Prizes

Raffle

Union Officers

Director of Media

If not you, then who? If not now, when?

Our union branch is held together by less than 10 faithful members who do solely for the betterment of our union brothers and sisters. There has been a lot of negative discussion about the union and while I agree that could do so much more, I must ask you all, when was the last time you attended a meeting? Volunteered? Read the newsletter? A union is only strong as the brothers and sisters who attend. I know we are upset. I know we are working long hours and missing time with our families and there just isn't enough time in the day to do much else. But I challenge YOU, if you think the union can and should do more, then please bring that to the table. If not you, then who? If not now, when?

Hopefully the staffing issues will be resolved in the coming months. Please remember these new people that are starting are coming into a bad situation. Nurture them, mentor them and help them succeed so that together we all can get some reprieve from the tremendous amount of work we have been enduring. In August I will be attending the NALC national convention in Chicago. It is my honor to be one of those chosen delegates to represent Branch 351. I look forward to seeing the new NGDV (next gen delivery vehicle) as well as learning about TIAREAP (Technology Integrated Alternate Route Evaluation and Adjustment process). Also, thank you to Martin and Victor who spent their Juneteenth holiday cooking burgers and hotdogs for the CCAs doing parcel delivery.

In solidarity,
Jade McBride

Treasurer

I would like to thank the union body for allowing me the opportunity to attend state convention which was held in Spokane.

Martin Guzman

Sergeant at Arms

Last months meeting was good. As a officer and union member I would like to see some newer faces at our general meetings. As acting co-editor, I would like to apologize just to the retirees that didn't get any information towards the Juneteenth/Fathers Day Rainiers baseball game and who weren't able to sign up in time or didn't know about it until they read the newsletter. The Branch 351 email and our editor email is on this newsletter. If ANYONE has any questions, comments, concerns, opinions..etc please email the editors.

Take up Arms!
Victor Arana

FINAL FOOD DRIVE RESULTS

This includes the food that was picked up the week following the Food Drive-

LOCATION	PALLETS	POUNDS
Lacey	23.63	24,815
Downtown	31.73	33,320
Hub (week after Drive)	3.00	3,150
TCFB Warehouse	14.31	15,025
Steamboat Island	1.20	1,260
TOTAL	73.88	77,570

For a comparison, in 2019, the totals were- 69.9 pallets and 75,607 pounds. Congratulations!!

Shelton	3,704
Rochester	1,525
Hoodsport (incl. Lilliwaup)	1,172

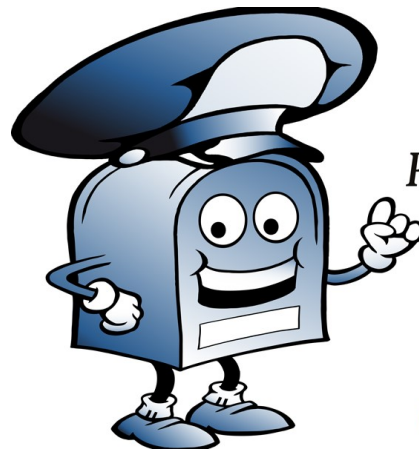
GRAND TOTAL **83,971**

THIS DOES NOT INCLUDE THE MONITARY DONATIONS
THANK YOU FOR ALL YOUR HELP!! GREAT JOB!!

A special thank you to Scott and Kim Pearson, Francine Roper, Vince Corsi, Dannie Smith, Wanda, Ian and Gavin (2-ton runners), the Custodian/Maintenance crew, bag and postcard counters, and everyone that worked and volunteered!!!
YOU MADE THIS A SUCCESS!!

Be Strong. Be Bold. Be United.

Submitted by Mari-Ann, Food Drive Coordinator



**National
Postal Worker
Day**

July 1st

Rainiers Baseball Juneteenth/Fathers Day 06/19/22

Sac 12 - Tac 1

Submitted by Vince Corsi



SHELTON CARRIERS

I have not been hearing about any grievances that need to be filed. Please be sure to contact your shop steward if you need to file a grievance; not just the Postmaster. I have not been getting information from her in a timely manner. Article 15.2 explains the time lines that we have in order to file a grievance. And it is the carriers' responsibility to request union time. Once you request steward time, we can only go back 14 days. So, if a carrier waits 30 days to notify the steward, we can only be "made whole" for 14 of those days. Example- 12-hour days, 6 days/wk, 4 weeks. Compensation 30 later- 48 hours of remedy; 2 grievances 14 days apart- 96 hours of remedy. If you are talking \$10/hour, then that would be the difference of \$480 vs. \$960 in remedy pay outs. Timelines are very important as we send things to Step B or Arbitration. Most importantly, if you are stationed at another office, that Postmaster might be very strict about timelines and will not payout a remedy because, "if it really mattered to the carrier, they would have requested it the first day that it happened." Please help me to help you.

HELP WANTED!!

RECORDING SECRETARY- No experience necessary. Will train or mentor you as you learn, and get hands on training. You will be working with a small supportive group.
Pays- \$800 annually.

EDITOR- No experience necessary. You will be the editor of a small local newsletter mailed out across the country. It has over 200 subscribers. You will have the primary say over the newsletter. The Current editors will train you. You will be working with a small supportive group.
Pays- \$1,000 annually.

Director of Retirees- No experience necessary. You will be trained and have direct contact with one of the leading Director of Retirees in the district. He is very knowledgeable and has taught for many years. A retiree is preferred; however, if you are planning on retiring in the next few years, I'm sure we can work with that. You will be working with a small supportive group.

Trustee- 3 POSITIONS AVAILABLE- No experience necessary. You will be auditing the books and finances for the local NALC Branch 351 union. You will be trained as you go, unless you already have experience. Training and guidance available from local all the way to the state and national levels.
Pays- \$300 annually.

PLEASE APPLY AT-- NALC351@OUTLOOK.COM Subject line- "HELP WANTED AD"

Feel free to email with any questions, thanks.

Minutes from June Union Meeting
General Meeting Minutes
June 7, 2022

Meeting started at 7:06 pm

Pledge of Allegiance was said.

Roll call: Anise Garrett and John Mauk were absent. Kenny Abbott was excused. All other officers were present. 8 members present plus one guest. (Francine Roper)

PREVIOUS MONTH MINUTES READ- Scott Pearson motioned to accept previous minutes as printed. Seconded by John Marley/ Vince Corsi. Voted and passed.

COMMUNICATIONS- There has been problems with getting mail at the P.O. Box; there are different clerks filling in and our mail is being misdelivered and/or returned to sender due to possible clerk errors. Including the Step B resolutions from the DRT teams. President Hanks has notified State/NBA/National about the problem. They will call her if they get any mail returned to them. NBA wants a spread sheet sent to them WEEKLY about ALL 12/60 violations, CROSSING CRAFTS, and evidence- such as, clock rings etc.

APPLICATIONS FOR MEMBERSHIP- NONE

MBMR- Francine Roper pulled Scott Pearson's ticket. He chose Chipotle.

OLD BUSINESS- Vince Corsi made a motion to purchase an IBM Cloud. Discussed, voted, and passed. Vince will get the retiree flyers up ASAP.

NEW BUSINESS- Vince Corsi will look into replacing the union flag pole. And present it to discuss at Eboard meeting.

GOOD OF ASSOCIATION- Francine Roper presented the Football outing. **August 18th**

SEAHAWKS vs. BEARS; 1st home game SEAHAWKS vs. BRONCOS, Sept 12th.

There will be 9 sets of tickets available. Each set includes 2 tickets to each of those games, \$200/set. The names will be drawn at the ANNUAL PICNIC on JULY 31ST. The tenth set will be the raffle grand prize (fully paid for by the union). If you are a **RETIREE** and are interested in football tickets, please contact (530) 310-2969 and leave a message (text or voice). John Marley motioned to donate \$1,000 from savings to the Ukraine crisis. Discussed, voted, called for a division, (3-ayes, 4-nays) rejected. Jade McBride was appointed as your new DIRECTOR OF MEDIA. She is working on the new website. Softball team has started games; check your union boards for the schedule. **GENERAL MEETINGS WILL REMAIN ON THE FIRST WEDNESDAY OF THE MONTH; WHILE THE STEWARD, EBOARD, AND CCA Q&A MEETINGS WILL ALL BE ON TUESDAYS THROUGHOUT THE SOFTBALL SEASON.** The new route count system will be using the scanners- be sure to be vigilant about keeping track of your mail volume for your route. You have a right to keep your own records and do a quick measurement. Compare with the workload posted and make management aware of any discrepancies.

REPORTS OF STANDING AND SPECIAL COMMITTEES- Union Picnic is on JULY 31ST. Al Floyd will be the chair, Vince Corsi and Martin Guzman are on the committee. They are looking for volunteers to help. PLEASE CONTACT THEM IF YOU CAN HELP IN ANY WAY!!

TREASURER'S REPORT- Vince Corsi motioned to table the treasurer's report until next month. Discussed, voted, passed.

FOOD NEXT MONTH- ICE CREAM SOCIAL

Meeting Adjourned at- 9:17pm Minutes taken by Victor Arana

Submitted by Mari-Ann Hanks Branch 351 Recording Secretary

NALC Branch 351
P.O. Box 7715
OLYMPIA, WA 98507-7715

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BRANCH OFFICERS	Stewards / Alternates
President - Mari-Ann Hanks (530)310-2969 Vice President - Al Floyd (360)972-5095 Secretary/Treasurer - M. Guzman (360)470-2377 Recording Secretary - Mari-Ann Hanks Acting Co-Editors - Martin Guzman / V. Arana Director of Retirees - Vacant MBA Representative - Vacant HBR Representative - Vacant Sergeant at Arms - Victor Arana (909)522-9766 Director of Media - Jade McBride (602) 425-7651 Trustees - Vacant 21-22 Trustees - Vacant 21-22 Trustees - Vacant 22-23	Branch Chief Shop Steward - Al Floyd Main Office Shop Steward - Martin Guzman Main Office Shop Steward - Kenny Abbott Main Office Alt. Shop Steward - Vacant Main Office Alt. Shop Steward - Vacant Olympia Carrier Annex Shop Steward - Al Floyd Olympia Carrier Annex Shop Steward - John Mauk Olympia Carrier Annex Alt. Shop Steward - Anise Garrett Olympia Carrier Annex Alt. Shop Steward - Vacant Lacey Post Office Shop Steward - Vince Corsi Lacey Post Office Alt. Shop Steward - Vacant Shelton Office Shop Steward - Mari-Ann Hanks Shelton Office Alt. Shop Steward - Vacant Branch web page: www.nalc351.comcastbiz.net Branch email: nalc351editor@gmail.com

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